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# Troublemaker: Surviving Hollywood And Scientology



## Synopsis

The outspoken actress, talk show host, and reality television star offers up a no-holds-barred memoir, including an eye-opening insider account of her tumultuous and heart-wrenching 30-year-plus association with the Church of Scientology. Leah Remini has never been the type to hold her tongue. That willingness to speak her mind, stand her ground, and rattle the occasional cage has enabled this tough-talking girl from Brooklyn to forge an enduring and successful career in Hollywood. But being a troublemaker has come at a cost. That was never more evident than in 2013, when Remini loudly and publicly broke with the Church of Scientology. Now, in this frank, funny, poignant memoir, the former King of Queens star opens up about that experience for the first time, revealing the in-depth details of her painful split with the church and its controversial practices. Indoctrinated into the church as a child while living with her mother and sister in New York, Remini eventually moved to Los Angeles, where her dreams of becoming an actress and advancing Scientology's causes grew increasingly intertwined. As an adult, she found the success she'd worked so hard for and with it a prominent place in the hierarchy of celebrity Scientologists alongside people such as Tom Cruise, Scientology's most high-profile adherent. Remini spent time directly with Cruise and was included among the guests at his 2006 wedding to Katie Holmes. But when she began to raise questions about some of the church's actions, she found herself a target. In the end she was declared by the church to be a threat to their organization and therefore a "Suppressive Person", and, as a result, all of her fellow parishioners - including members of her own family - were told to disconnect from her. Forever. Bold, brash, and bravely confessional, *Troublemaker* chronicles Leah Remini's remarkable journey toward emotional and spiritual freedom....

## Book Information

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## Customer Reviews

It's 7:20 AM as I write this, and I haven't slept since I started reading this book, moments after downloading it. I'm about 80% done at this point, but had to stop and post this early review (I'll update this a bit when I'm 100% done). I've never been much of a fan of sitcoms, so I'm not exactly part of the audience who has had much experience with Leah's acting work - although I knew who she was, certainly. I'd seen enough however to know I found her appealing and incredibly attractive long before I learned she'd be writing this just from what I'd seen in an episode of two of King of Queens. When I heard advance word of the release, having read just about every book there is on the subject of Scientology (from Inside Scientology, to Bare Faced Messiah, to Beyond Belief to The Unbreakable Miss Lovely), from personal accounts to journalistic exposes, I eagerly anticipated Troublemaker. The biggest surprise for me, first off, is how supremely readable "Troublemaker" is - how entertaining, honest, unpretentious, shocking and just plain funny it is. Leah has a big mouth, and she knows it, but her writing speaks directly to the reader in an open and unfiltered way that books written by celebrities rarely do. She isn't a bulls\*\*\*ter, and she's not going to sugarcoat anything, including her herself. She even starts with something of a confession of past perceived sins, as she is all too aware that Scientology will strike at her as they are known to do, by using information gleaned from auditing to embarrass, intimidate and discredit. She knows she is now "fair game." Even with the little that I knew about her, her account of her early years with her family and struggles as an actress are highly entertaining, and make an honest impression that makes you feel more like a confidant than a reader.

I admit, I haven't really watched a lot of stuff with Leah Remini, I'm familiar with her from King of Queens, but that is about it. My mother has indicated that she has been on a lot of the talk shows lately talking about this book. I picked it up mostly for the insight into Scientology. I was not disappointed, but in the process of learning a bit more about Scientology, there were some really interesting insights into her childhood, as well as her experiences getting into show businesses. This is a very quick read and it starts off right away by jumping into the issue of Scientology, so, if that is the reason why you are picking up the book, I recommend it for that aspect. I think that it is also useful to get the perspective of someone who is brought into Scientology through their family and it discusses how the appeal of the organization somewhat lured her mother into the organization and

kept her persisting in it as an adult. It's actually a really good insight/manual into understanding psychological aspect of cults, even if it is unintentional, it provides a personal aspect to one's reflection on the process. It actually kind of highlights an abusive relationship with the organization, one in which a person stays even when it's clear it might not be the healthiest relationship. Think riding a boat to the middle of nowhere and getting dumped in the water. However, these things are told in personal narratives, which Leah at no point is trying to label or, but just tell a story. At the same time, there are a lot of rewards that are highlighted for being a member of Scientology, especially in terms of networking within the Hollywood circles.

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